



## Alcohol Reality Check for Youth Quick Scoring Aid

The **Alcohol Reality Check for Youth** (adolescents under 19) asks only **7** questions.

Questions 1-6 inquire about contextual indicators of risk from alcohol-related experiences and solicit Yes/No responses. Question 7 inquires about episodes of excessive drinking and seeks a time indicator on how recently (if ever) the individual has been intoxicated.

Completed responses to the 7 questions are scored as follows:

**Safer drinking pattern** is indicated by:

- fewer than 2 Yes answers to Questions 1-6 **and**
- a response of **more than 3** months ago or **never** to Question 7

**Riskier drinking pattern** is indicated by:

- 2 or more Yes answers to Questions 1-6 **and/or**
- a response of **less than 3** months ago to Question 7

Be sure to indicate the pattern in the appropriate box within the “Staff Use” section of the screening form. Discuss results with the individual. See the *Alcohol Reality Check Youth Screening Guide* for assistance.

