

Wounded



Trauma and Addiction: Causes, Consequences and Treatment

October 27 - 29, 2009

UBC Campus • First Nations Long House
1985 West Mall, Vancouver, BC V6T 1Z2

Presented by:
CHEOS and
UBC Institute of Mental Health
Providence Health Care



Conference Overview

The understanding and modeling of addiction continues to be a work in progress with little common understanding amongst researchers and clinicians. A reasonable subset of the public is still convinced that addiction is a moral failure and a lack of will.

A few years ago the discussion commenced about the situation in Vancouver's Downtown Eastside, yet only focused on intravenous drug use and associated problems, such as HIV transmission, and its consequences for public health. The related and underlying mental health conditions remained out of sight. This is a surprise, given that we already know about drug users experiences of suicide, depression, psychosis, anxiety, trauma, PTSD and other related psychopathologies.

Trauma is a prevailing antecedent to substance use, and is also related to current psychopathology and patterns of substance use. Those with an addiction tend to have more negative life events and often suffer a traumatizing life style, which are critical to their substance use recovery. The complex interaction between current and past trauma, psychopathology and addiction, requires a novel and holistic approach to ensure that the causes and consequences of addiction are best understood, prevented and treated.

This conference, *Wounded Souls and the Vulnerable Self*, aims to disentangle the relationship between trauma and addiction. In order to provide sustainable individual and systemic change, trauma treatment is key. The present conference will discuss what treatments are available, and what is effective. For example, internationally the "Seeking Safety" program is the most prominent, and also dialectical behavior therapy are an option to trauma informed care. Speakers will present what is available in different countries and in different settings, such as prisons, hospitals, private practices and community services.

We hope to initiate a vibrant dialogue between researchers and practitioners across borders and invite everyone to participate in this process.

With warm regards,

Michael Krausz

*Conference Director
Providence Health Care
BC Leadership Chair in
Addiction Research*



Day 1 - Tuesday October 27, 2009

9:00 – 9:30 Official opening

- Welcome from Mayor Gregor Robertson, City of Vancouver
- Welcome from Stephen Toope, President, University of British Columbia

Session 1: Trauma, Addiction and Vulnerable Urban Populations

Session Chairs: Michael Krausz & Anthony Phillips

9:45 – 10:15

Scattered Minds

Gabor Mate (Vancouver)

10:15 – 10:45

Trauma among long-term opioid injectors: Profile, experiences and response to substitution treatment

Eugenia Oviedo-Joekes (Vancouver)

10:45 – 11:15

Youth with trauma experiences: Consequences for attachment and outcome?

Steve Mathias (Vancouver)

11:15 – 11:45 Break

11:45 – 12:15

On the street and traumatized: Pathways and crossroads

Christian Schütz & Kerry Jang (Vancouver)

12:15 – 12:45

Childhood trauma among intravenous drug users

Chris Taplin & Michael Krausz (Vancouver)

1:00 – 2:00 Lunch Break

Tuesday October 27, 2009 cont'd

Session 2: Integrated Treatment Approaches: Trauma-Informed Care

Session Chairs: Stephen Holliday & Eugenia Oviedo-Joekes

2:00 – 2:30

Do standardized approaches to trauma therapy improve outcomes?

Martha Schmitz (Oakland, CA) & Lisa M. Najavits (Brookline, MA)

2:30 – 3:00

What can neurobiological findings add to the understanding of trauma and substance abuse?

Ingo Schäfer (Hamburg)

3:00 – 3:30

Dialectical Behaviour Therapy in the treatment of traumatized youth with harmful use

Lorne Korman (Vancouver)

3:30 – 4:00 Break

4:00 – 4:30

Trauma treatment with Aboriginals in BC

Charles Brasfield (North Vancouver)

4:30 – 5:00

Seeking and obtaining help for alcohol dependent women who have post-traumatic stress disorder with a history of intimate partner violence

Deanna Mulvihill (Vancouver)

5:00 – 5:30

Overview on existing treatment approaches for trauma and addiction

Denise Hien (New York)

Day 2 - Wednesday October 28, 2009

Session 3: The Vicious Circle of Addiction, Abuse and Violence in Aboriginal Communities

Session Chairs: Christian Schütz & Patricia Spittal

9:00 – 9:30

The Cedar Project: Exploring the impact of historical trauma among young Aboriginal people who use drugs

Patricia Spittal & Katharina Patterson (Vancouver)

9:30 – 10:00 Break

10:00 – 10:30

Aboriginal healing approaches

Patrick Paul (Vancouver)

10:30 – 11:00

Ideas for protection, support and treatment for Aboriginal youth in the Downtown Eastside

Chris Richardson (Vancouver)

11:00 – 11:30

**From foster care to homelessness among Aboriginal peoples:
Data from 2 BC surveys**

Adam Clarkson (Vancouver)

11:30 – 12:00

25 years of clinical work with the First Nation population in the Fraser Valley

Luise Jileck & Wolfgang G. Jileck (Delta, BC)

12:00 – 12:30

Life on the streets: A walking history of one person's legacy

Rose Henry (Victoria, BC)

12:30 – 1:30 Lunch Break

Wednesday October 28, 2009 cont'd

**Session 4: Sexual Abuse, Violence and Neglect
under a Family Perspective**

Session Chairs: *Steve Mathias & Bill MacEwan*

1:30 – 2:00

Sexual abuse, violence and neglect under family therapy

Mauricio Colletti (Rome)

2:00 – 2:30

Carrying the weight: Children of parents with addiction

Harald Freyberger (Greifswald)

2:30 – 3:00

Fir Square: Pregnancy and motherhood of addicted and abused women

Ron Abrahams (Vancouver)

3:00 – 3:30 Break

3:30 – 4:00

**The link between childhood family disruption and illicit drug
use among a community sample of adult sex workers**

Cecilia Benoit & Mikael Janson (Victoria, BC)

4:00 – 4:30

Healing our souls: Mothers recovering from grief and loss

Amy Salmon (Vancouver)

4:30 – 5:00

**Reducing violence against vulnerable women: Data from a randomized
clinical trial in Pretoria, South Africa**

Charles D. Parry (South Africa)

Day 3 - Thursday October 29, 2009

Session 5: Trauma and Addiction in the Prison System

Session Chairs: Johann Brink & Trevor Young

9:00 – 9:30

TRAMAR: Trauma care program in prison

Darren McGregor (Maryland)

9:30 – 10:00

Prison, trauma and addiction

Michael Gossop (London)

10:00 – 10:30 Break

Session 6: Models of Interaction

10:30 – 11:00

Transgenerational trauma and the vulnerable self

Michael Krausz (Vancouver)

11:00 – 11:30

Behavioural sensitization: Trauma as risk factor

Marco Leyton (Montreal)

11:30 – 12:00

**Drowning my sorrows? Examining models of interaction
between PTSD and drinking**

Debra Kaysen (Seattle)

12:00 – 12:30

The last word

Tony Phillips (Vancouver)